



LOCAL



Welfare, Pension, Annuity, & Job Training Trust Funds

2500 Marcus Avenue ▪ Lake Success, New York 11042-1018 ▪ (516) 488 2822 ▪ (718) 343 3322 ▪ (516) 488 4490 Fax

**NEW PREVENTIVE SCREENING BENEFIT IS KEY
TO KEEPING OUR PARTICIPANTS HEALTHY**

July 2023

Dear Participants:

In our continuing effort to track the latest innovative technology and provide truly comprehensive preventive health screening programs to our Participants and their Covered Dependents, 18 years or older, the Local 282 Welfare Trust Fund are proud to share with you, news of a new option for cardiovascular and thyroid cancer screening performed by HeartScan Services in Levittown, free of charge.

The services consist of five screenings (see attached flyer) that will take approximately 45 minutes to complete. They are non-invasive (no radiation), HIPAA compliant, and results are reviewed by a board-certified cardiologist. The cost of the five screens is completely paid for by the Local 282 Welfare Trust Fund in our continuing effort to support the health of our membership.

These screenings are covered under the Plan if administered by another provider, if medically necessary, although you would be required to pay the applicable copay.

The COVID-19 pandemic has affected every part of our lives, and the data has shown that those with comorbidities have a higher risk of severe illness. In addition, on July 15, 2022, the Center for Disease Control (CDC) stated that COVID-19 can damage heart muscle and affect heart function. Preventive screening helps maintain your well-being providing a new cardiac baseline and identify early risks that can help you avoid future health issues. Early detection will save lives.

If you have any questions about the services, please contact HeartScan Services directly at 1-866-518-1112.

HeartScan Services is located at:

3000 Hempstead Turnpike, 4TH Fl., Suite 417
Levittown, NY 11756

If you have any questions about this benefit, please feel free to contact our Eligibility and Enrollment Department at (516) 488-2822. **Please contact HeartScan Services at 1-866-518-1112 to schedule your preventive screening.** We hope you will take advantage of this valuable program.

Very truly yours,
Local 282 Welfare Trust Fund



HeartScan™
SERVICES
Prevent the Event!
1-866-518-1112

FREE BENEFIT LOCAL 282

MEMBERS, SPOUSES & COVERED DEPENDENTS (18 and above)

A 45 MINUTE SCREENING COULD SAVE YOUR LIFE

Call 1-866-518-1112 to schedule your appointment.

THE PREVENTIVE SCREENING BENEFIT

The preventive screening program is a simple, painless, non-invasive, ultrasound assessment that can evaluate your risk for early stages of heart disease, carotid disease (stroke), thyroid cancer (nodules), peripheral arterial disease (early diabetes and hypertension) and Abdominal Aortic Aneurysm (AAA).

Abdominal Aortic Aneurysm (AAA) Screening

An abdominal aortic aneurysm ultrasound is a painless screening that can detect AAA, which is vital since most patients do not show symptoms. This test identifies enlarged abdominal aorta, which may suggest the presence of an aneurysm. A ruptured AAA can cause blood loss, shock, and possible death.

Echocardiogram or ECHO

An echocardiogram is a test that uses sound waves (no radiation exposure) to create a moving picture of the heart. It shows the function, size, shape, and movement of the heart muscle. This test can also show how the heart valves are working and how blood is flowing through your heart, evaluating the pumping action of the heart. **#1 Disease for men and woman is heart disease.**

Carotid Doppler

The major goal of carotid ultrasound is to screen patients for blockage or narrowing of their carotid arteries, which if present may increase their risk of having a stroke. **#3 Disease for men and women on average, one American dies from a stroke every 4 minutes.**

Ankle-Brachial Index (ABI)

ABI is a simple, reliable means for diagnosing PAD (Peripheral arterial disease). Individuals with a high Ankle-brachial index are three to five times more likely to be at risk of heart attacks. **Identifies hypertension - 67 million American adults (31%) have high blood pressure, 1 in every 3 American adults. Hypertension is extremely high among law enforcement officers and increases their risk for heart disease and stroke.**

Thyroid Ultrasound

This test uses sound waves to determine if a nodule is solid or a fluid-filled cyst. (The risk of cancer is higher in solid nodules). This test also monitors the growth of nodules, and it helps find nodules that are difficult to feel. **National data- thyroid cancer fastest increasing cancer in the US. It can NOT be detected in blood work.**

- **SCREENING IS NON-INVASIVE AND TAKES 45 MINUTES -READ BY A BOARD-CERTIFIED CARDIOLOGIST**
 - **SCREENING LOCATION: 3000 HEMPSTEAD TPK -LEVITTOWN NY (4TH Fl, Suite 417**

Parking in front, back and free munciple parking next door at CVS lot- (enter building in back)